

SCHEDULES 2020.2021 | WATER AEROBICS

AQUA CROSS TRAINING

| Monday and Friday | Wednesday |
|-------------------|---------------|
| 19H30 20H15 | 17H50 19H30 |

HIDRO POWER

| Tuesday and Thursday | Wednesday |
|----------------------|-----------------------|
| 17H50 18H40 | 12H40 18H40 20H15 |

HIDRO DEEP

| Monday Wednesday and Friday | Tuesday and Thursday | Saturday |
|-----------------------------|----------------------|---------------|
| 20H15 | 12H45 | 09H50 10H40 |

WATER AEROBICS

| Monday and Friday | Tuesday and Thursday | Wednesday |
|----------------------------------|-------------------------------|---------------|
| 12H45 17H50 18H40 | 12H45 13H30 19H30 20H15 | 17H00 08H45 |

HIDRO SENIOR

| Monday and Friday | Tuesday and Thursday | Wednesday |
|-------------------|----------------------|-----------|
| 12H00 17H00 | 12H00 17H00 | 12H00 |

LAST UPDATE: SETEMBER 28