## FREE USE

In addition to the offer at the level of the Swimming School, Free Use is possible, that is, swimming without technical accompaniment.

This practice takes place in the Olympic Swimming Pool (or in the Jumping Pool in certain periods or depending on the user's aptitude), and it is swimming without technical supervision. This activity is available to any adult who knows how to swim, however, it is necessary to carry out a swimming test beforehand in order to classify the user according to their swimming competence and, therefore, allow its use according to the space to be used.

Access to Free Use requires registration at our **Jamor Swimming Pool Complex**. This modality is not subject to monthly fees, only to card top-ups, depending on the uses (i.e. each use is deducted from the existing balance on the user's card). The practice of this activity is subject to booking/scheduling by the user (through the Jamor app).

Admission: It will be necessary to take a swimming test prior to registration, unless you fall into one of the following situations (you can register directly for this activity): a) Enrolled (at the time) in our Swimming School in NII, III or IV + 14;

b) Former swimmers/tri-federated athletes (upon delivery of proof of affiliation to the respective federation)

c) Lifeguards, certified by the ISN, upon valid proof.

Equipment: lycra bathing suit and cap suitable for water activities in the pool, flip-flops and bathrobe or towel (optional), goggles (optional).